



## MARCH 2026: Pre-K - 8 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
<p><b>French Bread Pizza (V)</b> Corn, Peas, Carrots (VE)</p> <p><i>Salad Bar</i> Pizza Bar With Balsamic Chickpea Salad (V)</p>	<p style="color: red; text-align: center;"><u><b>Plastic Free Lunch Day</b></u></p> <p><b>Fajita Black Bean Burger (VE)</b></p> <p><b>Fajita Turkey Burger</b></p> <p>Fresh Broccoli (VE) with Ranch Dressing (V)</p> <p><i>Salad Bar</i> Plastic Free Bar</p>	<p><b>Chickpea Shawarma (VE)</b></p> <p>Naan Bread (VE)</p> <p><b>Mediterranean Melt (V)</b></p> <p>Herb Roasted Cauliflower (VE)</p> <p><i>Salad Bar</i> Mediterranean Bar with Cherry Tomatoes (VE)</p>	<p style="color: green; text-align: center;"><b>Caribbean Style Beef Patty</b></p> <p><b>Fish &amp; Cheese Sandwich</b></p> <p>Pineapple Salsa (VE)</p> <p>Kelewele Style Plantains (VE)</p> <p><i>Salad Bar</i> Rainbow Bar</p>	<p><b>"Stir-Fry" Chicken with Peppers</b></p> <p>Veggie Ginger Soy Rice (VE)</p> <p>Ginger Carrots (V)</p> <p>Garlicky Green Beans (VE)</p> <p><i>Salad Bar</i> Zen &amp; Zest Bar</p>
9	10	11	12	13
<p><b>Hot Honey Pizza (V)</b></p> <p><b>Pizza Slice (V)</b></p> <p>Sweet Potato Waffle Fries (VE)</p> <p><i>Salad Bar</i> Pizza Bar</p>	<p><b>Falafel (VE)</b> With Tzatziki (V)</p> <p><b>Greek Lemon Chicken Pita</b> With Tzatziki (V)</p> <p>Citrus and Herb Roasted Potatoes (VE)</p> <p><i>Salad Bar</i> Mediterranean Bar</p>	<p><b>Chicken Tenders</b> With Teriyaki Dipper</p> <p>Sesame Noodles (VE)</p> <p>Katsu Broccoli (VE)</p> <p><i>Salad Bar</i> Zen &amp; Zest Bar</p>	<p><b>Rustic White Bean and Pasta Primavera (VE)</b></p> <p><b>Mozzarella Sticks (V)</b> with Herbed Marinara</p> <p>Roasted Zucchini and Tomatoes (VE)</p> <p><i>Salad Bar</i> Leafy Green Bar</p>	<p><b>Veggie Nuggets (VE)</b> with Peach BBQ Dipper (VE)</p> <p><b>Peach BBQ Chicken Thigh</b></p> <p>Buttermilk Biscuit (V)</p> <p>Baked Beans (VE)</p> <p>Classic Coleslaw (V)</p> <p><i>Salad Bar</i> Rainbow Bar</p>
16	17	18	19	20
<p><b>Personal Pizza (V)</b></p> <p>Creamy Lima Beans (V)</p> <p><i>Salad Bar</i> Pizza Bar</p>	<p><b>Taco Spiced Veggie Nuggets (VE)</b></p> <p><b>Taco Spiced Chicken Bites</b></p> <p>Fiesta Vegetable Rice (VE)</p> <p>Zesty Corn (VE)</p> <p><i>Salad Bar</i> Fiesta Bar</p>	<p><b>Veggie Parmigiana Sandwich (V)</b> on Ciabatta</p> <p><b>Crispy Chicken Parmigiana Sandwich</b> on Ciabatta</p> <p>Lemon &amp; Chive Peas (VE)</p> <p><i>Salad Bar</i> Classic Toppings Bar</p>	<p><b>Golden Chicken Thigh</b></p> <p>Naan Bread (VE)</p> <p>Saag Spinach (VE)</p> <p>Honey Diced Sweet Potatoes (V)</p> <p><i>Salad Bar</i> Eastern Harvest Bar with Chickpea &amp; Pimento Salad (VE)</p>	<p style="text-align: center;"><b>Eid al-Fitr</b></p> <p><b>Three Bean Chili (VE)</b></p> <p>Mac &amp; Cheese (V)</p> <p>Baked Tortillas (VE)</p> <p><b>Southwest Burrito (V)</b></p> <p>Adobo Green Beans (VE)</p> <p><i>Salad Bar</i> Rainbow Bar</p>
23	24	25	26	27
<p><b>French Bread Pizza (V)</b> Corn, Peas, Carrots (VE)</p> <p><i>Salad Bar</i> Pizza Bar With Balsamic Chickpea Salad (V)</p>	<p style="color: red; text-align: center;"><u><b>Plastic Free Lunch Day</b></u></p> <p><b>Fajita Black Bean Burger (VE)</b></p> <p><b>Fajita Turkey Burger</b></p> <p>Fresh Broccoli (VE) with Ranch Dressing (V)</p> <p><i>Salad Bar</i> Plastic Free Bar</p>	<p><b>Chickpea Shawarma (VE)</b></p> <p>Naan Bread (VE)</p> <p><b>Mediterranean Melt (V)</b></p> <p>Herb Roasted Cauliflower (VE)</p> <p><i>Salad Bar</i> Mediterranean Bar with Cherry Tomatoes (VE)</p>	<p style="color: green; text-align: center;"><b>Caribbean Style Beef Patty</b></p> <p><b>Fish &amp; Cheese Sandwich</b></p> <p>Pineapple Salsa (VE)</p> <p>Kelewele Style Plantains (VE)</p> <p><i>Salad Bar</i> Rainbow Bar</p>	<p><b>"Stir-Fry" Chicken with Peppers</b></p> <p>Veggie Ginger Soy Rice (VE)</p> <p>Ginger Carrots (V)</p> <p>Garlicky Green Beans (VE)</p> <p><i>Salad Bar</i> Zen &amp; Zest Bar</p>
30	31			
<p><b>Hot Honey Pizza (V)</b></p> <p><b>Pizza Slice (V)</b></p> <p>Sweet Potato Waffle Fries (VE)</p> <p><i>Salad Bar</i> Pizza Bar</p>	<p><b>Falafel (VE)</b> With Tzatziki (V)</p> <p><b>Greek Lemon Chicken Pita</b> With Tzatziki (V)</p> <p>Citrus and Herb Roasted Potatoes (VE)</p> <p><i>Salad Bar</i> Mediterranean Bar</p>			<p style="color: green; text-align: center;">WE PROUDLY SUPPORT LOCALLY SOURCED, GROWN, HARVESTED OR PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>

### DAILY OFFERINGS

<b>Monday</b> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V)	<b>Tuesday</b> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Balsamic Chicken Salad Wrap	<b>Wednesday</b> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Balsamic Chicken Salad Wrap	<b>Thursday</b> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Tuna Sandwich	<b>Friday</b> • Peanut Butter and/or Sunflower Seed Butter & Jelly Sandwich (VE) • Hummus and Pretzels (VE) • Hot or Cold Cheese Sandwich (V) • Tuna Sandwich • Rainbow Wrap (VE)
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On designated Plant-Powered Menu days; meat-based products will not be offered.

<p style="text-align: center;"><b>Milk</b></p> <p>1% Low-fat (V) Fat Free (V)</p> <p><b>Fat Free Chocolate (V)</b> Alternative options are available upon request</p>	<p style="text-align: center;"><b>Seasonal Fresh Fruit</b></p> <p>Apples, Apple Slices, Bananas, Blueberries, Grapefruit, Grapes, Mandarins, Oranges, Pears, Strawberries (VE)</p>	<p style="text-align: center;">OFNS Menu Support</p> <p>Seasonal Fresh Fruit and Vegetables when available</p> <p style="text-align: center;"><b>ATTENTION:</b></p> <p>All Pre-K Students CANNOT be Offered Chocolate Milk or Chicken On The Bone</p>	<p style="text-align: center;"><b>Pre-K – 8 with CEE Service</b></p> <p style="text-align: center;"><u>Tuesday - Friday Options</u></p> <ul style="list-style-type: none"> <li>• Chicken Breaded Bite</li> <li>• Grab &amp; Go Salad</li> <li>• Chicken Tender Wrap</li> </ul>	<p style="text-align: center; color: green;">OFNS has an extensive Prohibitive Ingredients List available at:</p> <div style="text-align: center;"> </div>
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Recipes are created in collaboration with OFNS Team, NYCPS Culinary Students and Partners.

• **Vegetarian Item (V):** A food that excludes meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, fruit, eggs, and/or dairy.  
 • **Vegan Item (VE):** A food that excludes animal products, such as eggs, dairy, and meat; it may include, but is not limited to, whole grains, vegetables, legumes, nuts, and/or fruit.